WASHINGTON CAPITALS MEDIA RELEASE

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2013 WASHINGTON CAPITALS DEVELOPMENT CAMP

Kettler Capitals Iceplex • Arlington, Virginia
July 8-13, 2013

CAPITALS DEVELOPMENT CAMP NOTES

The Washington Capitals will host the 2013 Prospect Development Camp from July 8-13 at Kettler Capitals Iceplex.

Capitals development camp is an annual week-long summer session with on- and off-ice workouts designed to help Capitals prospects improve their games and allow the Capitals to evaluate their progress. This is the seventh straight year that the camp is being held at Kettler Capitals Iceplex; past development camps have been held in Odenton, Md., and Hershey, Pa.

All on-ice sessions, including the four intrasquad games, are free and open to the public.

Attendees include Capitals prospects who are under contract and recent Capitals draft picks who have not been signed yet. In addition, several undrafted and free agent amateur players will be in attendance. The full roster of players, including invitees, will be available on the first day of camp (July 8).

The Capitals will host Fan Fest on Saturday, July 13. In addition to the scrimmage, Fan Fest will feature the team's annual equipment sale and autograph sessions with Capitals defenseman Steven Oleksy and other Capitals prospects as well as a special free open skate.

Media information – Head coach Adam Oates and players will be made available to the media following the final on-ice session of each day (approximate times listed to the right). Players not in the group that is on the ice for the final session will be brought to the interview area upon request. Due to space constraints, the Capitals locker room is closed to the media for the duration of camp.

Please make player requests to a member of the Capitals' media relations staff:

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CAMP SCHEDULE

Monday, July 8
9:00 a.m.: Team White on ice (testing)
10:45 a.m.: Team Red on ice (testing)
2:30 p.m.: Team White on ice
3:30 p.m.: Team White media avail.
4:00 p.m.: Team Red on ice
5:00 p.m.: Team Red media avail.
5:15 p.m.: Adam Oates media avail.

Tuesday, July 9
9:15 a.m.: Team Red on ice
10:15 a.m.: Team Red media avail.
10:50 a.m.: Team White on ice
11:50 a.m.: Team White media avail.

Wednesday, July 10
9:00 a.m.: Team Red on ice
10:30 a.m.: Team White on ice
3:45 p.m.: Intrasquad scrimmage
5:15 p.m.: Media availability

Thursday, July 11
9:00 a.m.: Team White on ice
10:00 a.m.: Team Red on ice
3:00 p.m.: Intrasquad scrimmage
4:30 p.m.: Media availability

Friday, July 12
11:00 a.m.: Intrasquad scrimmage
12:30 p.m.: Media availability

Saturday, July 13
Capitals Fan Fest
10:00 a.m.: Intrasquad scrimmage
1:00 p.m.: Media availability

**All practice times and media availability sessions are approximate and subject to change.*

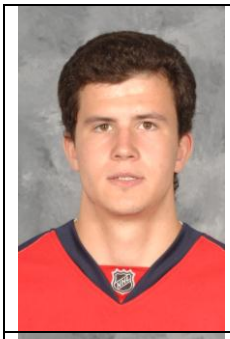
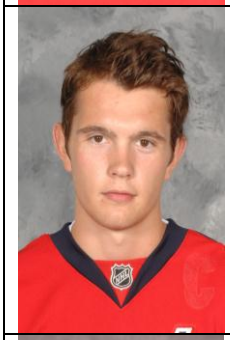
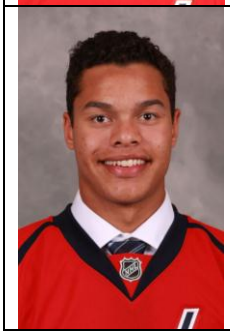
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CAMP STORYLINES

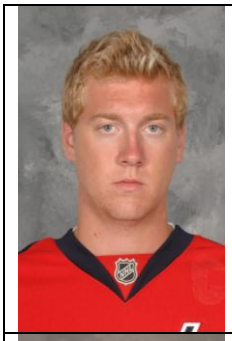
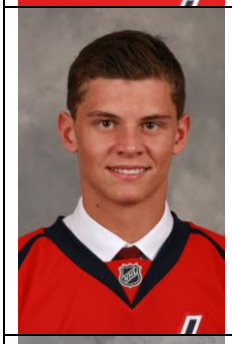
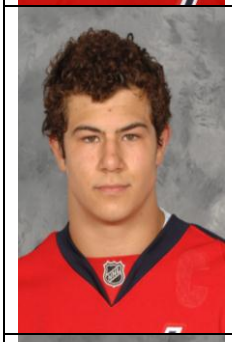
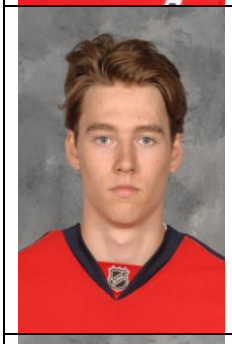
Quick studies – Two players who attended last summer's development camp ended up playing for the Capitals in 2012-13. Cameron Schilling (one game) and Tom Wilson (three playoff games) each made their NHL debuts with Washington last season. Those two and four others –Barry Almeida, Stanislav Galiev, Nate Schmidt and T.J. Syner– appeared in games for the Hershey Bears of the AHL. Eight players from last summer's development camp played for the 2013 Kelly Cup-winning Reading Royals, Washington's ECHL affiliate: Almeida, Brandon Anderson, David Civitarese, Galiev, Sergey Kostenko, Syner, David Vallorani and Scott Wietecha.

Age differential – Similar to an NHL roster, there is some age disparity between those attending camp this week. Recently drafted Brian Pinho (born May 11, 1995) is the youngest roster player attending camp while Patrick Wey (born March 21, 1990) is the oldest.

EVERY PLAYER HAS A STORY

	**G (78) – Brandon Anderson – Signed with WSH as a free agent on Sept. 9, 2010** After spending three seasons in junior hockey, Anderson joined the Reading Royals (ECHL) last season. He played 16 regular-season games and posted a 3.18 goals-against average with an .876 save percentage as Reading won the Kelly Cup.
	**F (44) – Riley Barber – Drafted by WSH in the sixth round (167th overall) of the 2012 NHL Draft** In his freshman season at Miami, Barber led the nation in points by a freshman with 38 points. His 15 goals lead the team and ranked tied for 8th in the CCHA. Thanks to his breakout season, Barber was honored as the 2012-13 CCHA Rookie of the Year and was named to the league's First All-Star Team. Barber helped Team USA win gold at the U-20 World Junior Championships, collecting six points (three goals, three assists) in seven games.
	**D (55) – Madison Bowey – Drafted by WSH in the second round (53rd overall) of the 2013 NHL Draft** Bowey posted a +41 plus/minus rating during the 2012-13 season. In addition, the defenseman added 12 goals and eight assists during the regular season.

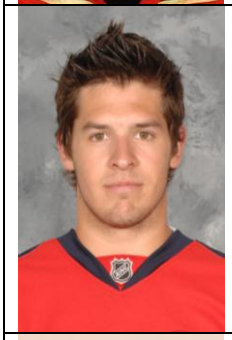
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	**F (53) – Travis Boyd – Drafted by WSH in the sixth round (177th overall) of the 2011 NHL Draft** During his sophomore season at the University of Minnesota, the Capitals' 2011 draft pick played in all 40 of the Golden Gophers' games while racking up three goals and 11 assists, both career highs. Not only was Boyd successful on the ice, but his great academics off the ice allowed him to be an All-WCHA Academic honoree.
	**F (65) – Andre Burakovsky – Drafted by WSH in the first round (23rd overall) of the 2013 NHL Draft** The Caps' 2013 1st round (23rd overall) draft pick had a stellar season playing for Malmo in the Sweden-2 league as well as for the Swedish U-18 and U-20 World Junior teams. His father, Robert, played 23 games for the Ottawa Senators.
	**D (58) – Connor Carrick – Drafted by WSH in the fifth round (137th overall) of the 2012 NHL Draft** Playing alongside another Capitals draft pick from the 2012 NHL Draft with the Plymouth Whalers (Tom Wilson) Carrick had a productive season. In addition to racking up 12 goals and 32 points during the regular season, Carrick added two goals and 16 assists during the Whalers' 15-game postseason. Carrick was also named an alternate captain for the Whalers in his first season with the team.
	**D (73) – Christian Djoos – Drafted by WSH in the seventh round (197th overall) of the 2012 NHL Draft** As a defenseman for Brynas of the Swedish Elite League, Djoos scored two goals and added six assists. The former 7th round draft pick of the Caps during the 2012 draft also played for the Swedish U-20 national team at the World Junior Championships. During that tournament he recorded three assists in six games.
	**D (39) – Garrett Haar – Drafted by WSH in the seventh round (207th overall) of the 2011 NHL Draft** During his sophomore season at Western Michigan University, Haar appeared in 22 games. He was named the CCHA Defenseman of the Week during the week of 10/15. Haar set career highs in goals (3) and points (9) during the season despite appearing in just 22 games.

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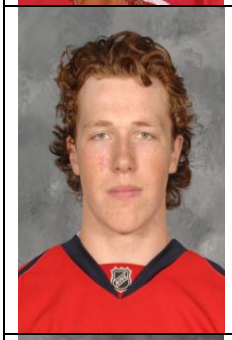
D (60) – Blake Heinrich – Drafted by WSH in the fifth round (144th overall) of the 2013 NHL Draft
In his second season with the USHL's Sioux City Musketeers, Heinrich registered three goals and 17 assists. Heinrich will be playing for the University of Minnesota- Duluth next season.



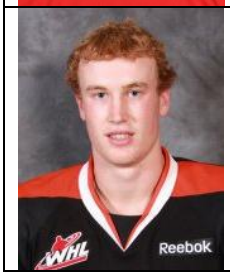
F (72) – Caleb Herbert – Drafted by WSH in the fifth round (142nd overall) of the 2010 NHL Draft
The Capitals 5th round draft pick from the 2010 NHL Draft had another successful year at the University of Minnesota-Duluth. Herbert scored six goals, collected 19 assists and finished the season ranked fourth on the team in points.



G (57) – Sergey Kostenko – Drafted by WSH in the seventh round (203rd overall) of the 2012 NHL Draft
Kostenko made his North American professional debut in the ECHL last season, appearing in nine combined games with both the Reading Royals and the Ontario Reign. In six games with Reading, he posted a 2-1-1-1 record with a 4.01 GAA and a .869 save percentage.

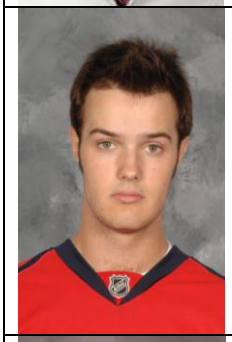
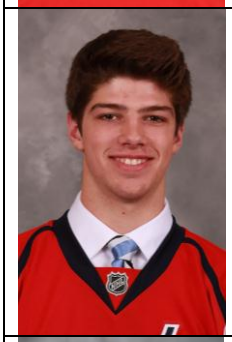
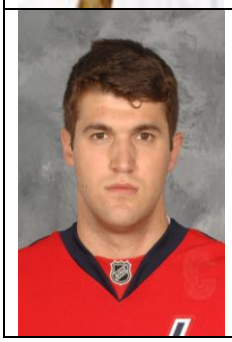


D (51) – Patrick Koudys – Drafted by WSH in the fifth round (147th overall) of the 2011 NHL Draft
Koudys posted one goal and 14 assists in 64 games in his first season with Muskegon of the USHL. His 95 penalty minutes ranked second on the team. He plans to attend Penn State University in the fall.

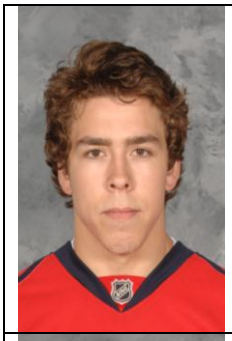


D (77) – Tyler Lewington – Drafted by WSH in the seventh round (204th overall) of the 2013 NHL Draft
Lewington, 18, collected two goals and 24 assists along with 131 penalty minutes in 69 games with Medicine Hat (WHL) last season. The 6'1", 189-pound defenseman led his team in penalty minutes last season and finished the season ranked 66th on Central Scouting's final rankings.

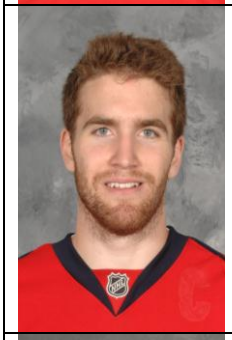
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	**F (80) – Brian Pinho – Drafted by WSH in the sixth round (174th overall) of the 2013 NHL Draft** Pinho, 18, compiled 36 points (12 goals, 24 assists) and 24 penalty minutes in 21 games with St. John's Prep High School in Massachusetts. He is expected to attend Providence College in 2014-15.
	**D (28) – Jaynen Rissling – Drafted by WSH in the seventh round (197th overall) of the 2012 NHL Draft** Rissling was an alternate captain for Calgary of the Western Hockey League (WHL) last season, posting a career high in points (28) and assists (23) in 61 games. He led the team in penalty minutes (122) and helped Calgary reach the WHL Eastern Conference Championship.
	**F (82) – Zach Sanford – Drafted by WSH in the second round (61st overall) of the 2013 NHL Draft** Sanford, 18, collected 36 points (12 goals, 24 assists) and 22 penalty minutes in 37 games played with the Islanders of the Eastern Junior Hockey League (EJHL). The 6'3", 185-pound forward finished ranked fourth on his team in points and added four goals and four assists in seven playoff games. The Salem, Mass. native has committed to Boston College in 2014-15.
	**D (88) – Nate Schmidt – Signed with WSH as a free agent on April 2, 2013** Schmidt enters his second development camp after splitting last season between the University of Minnesota and Hershey. He appeared in eight games with Hershey, tallying one goal and three assists after scoring nine goals and 23 assists in 40 games with Minnesota. Schmidt was named to the WCHA First All-Star Team and the Minnesota John Mariucci Most Valuable Player.
	**F (96) – Taylor Stefishen – Acquired by WSH from NSH in exchange for a conditional draft pick in 2013** Stefishen, returning for his third Capitals training camp, recently completed his fourth year of college hockey at the University of Calgary. He collected 22 points (five goals and 17 assists) in 28 games to help lead the Dinos to the playoffs.

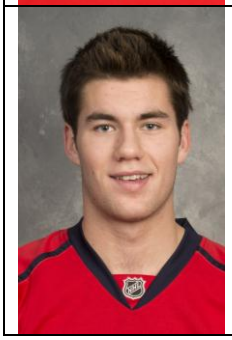
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F (17) – Chandler Stephenson – Drafted by WSH in the third round (77th overall) of the 2012 NHL Draft
Stephenson recently completed his third season with Regina (WHL), posting 45 points (14 goals and 31 assists) in just 46 games played. He finished the season ranked third on the team in points despite missing 14 games due to injury.



D (56) – Patrick Wey – Drafted by WSH in the fourth round (115th overall) of the 2009 NHL Draft
Wey completed his senior season with Boston College, posting career highs in points (13), assists (12) and penalty minutes (54) in 37 games. He was named Hockey East's "Best Defensive Defenseman" and also selected to the League's Second All-Star Team.



F (43) – Tom Wilson – Drafted by WSH in the first round (16th overall) of the 2012 NHL Draft
Wilson made his NHL debut with the Capitals in Game 5 of the 2013 Eastern Conference quarterfinals series against the New York Rangers and played in three playoff games. In 48 games with the Plymouth Whalers, Wilson contributed 58 points (23 goals and 35 assists) prior to joining Hershey in the playoffs. He tallied one goal in three AHL playoff games.

NUMERICAL ROSTER OF CAPITALS PROSPECTS AT CAMP

No.	Name	Pos.	Ht.	Wt.	Birthdate	2012-13 Team	Acquired
17	STEPHENSON, Chandler	LW	5'11	190	4/22/94	Regina (WHL)	Draft '12
28	RISSLING, Jaynen	D	6-4	223	9/21/93	Calgary (WHL)	Draft '12
39	HAAR, Garrett	D	5-11	190	8/16/93	Western Michigan (NCAA)	Draft '11
43	WILSON, Tom	D	6-3	205	3/29/94	Plymouth (OHL)	Draft '12
44	BARBER, Riley	RW	5-11	194	2/7/94	Miami (NCAA)	Draft '12
51	KOUDYS, Patrick	D	6-2	198	11/15/92	Muskegon (USHL)	Draft '11
53	BOYD, Travis	F	5-10	185	9/14/93	Minnesota (NCAA)	Draft '11
55	BOWEY, Madison	D	6-0	195	4/22/95	Kelowna (WHL)	Draft '13
56	WEY, Patrick	D	6-2	203	3/21/90	Boston College (NCAA)	Draft '09
57	KOSTENKO, Sergei	G	5-11	191	9/17/92	Reading (ECHL)	Draft '12
58	CARRICK, Connor	D	5-11	187	4/13/94	Plymouth (OHL)	Draft '12
60	HEINRICH, Blake	D	5-10	194	2/17/95	Sioux City (USHL)	Draft '13
65	BURAKOVSKY, Andre	LW	6-1	178	2/9/95	Malmo (Allsvenskan)	Draft '13
72	HERBERT, Caleb	F	5-10	185	10/12/91	Minnesota-Duluth (NCAA)	Draft '10
73	DJOOS, Christian	D	5-11	158	8/6/94	Brynas (SHL)	Draft '12
77	LEWINGTON, Tyler	D	6-1	189	11/5/94	Medicine Hat (WHL)	Draft '13
78	ANDERSON, Brandon	G	5-11	170	7/13/92	Reading (ECHL)	Free Agent '10
80	PINHO, Brian	RW	6-0	173	5/11/95	St. John's Prep (USHS)	Draft '13
82	SANFORD, Zach	F	6-3	184	11/9/94	Islanders (EJHL)	Draft '13
88	SCHMIDT, Nate	D	5-11	199	8/16/91	Minnesota (NCAA)/Hershey (AHL)	Trade '11
96	STEFISHEN, Taylor	RW	6-0	185	8/15/90	Univ. of Calgary (CIS)	Trade '11

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ALPHABETICAL ROSTER OF CAPITALS PROSPECTS AT CAMP

No.	Name	Pos.	Ht.	Wt.	Birthdate	2012-13 Team	Acquired
78	ANDERSON, Brandon	G	5-11	170	7/13/92	Reading (ECHL)	Free Agent '10
44	BARBER, Riley	RW	5-11	194	2/7/94	Miami (NCAA)	Draft '12
55	BOWEY, Madison	D	6-0	195	4/22/95	Kelowna (WHL)	Draft '13
53	BOYD, Travis	F	5-10	185	9/14/93	Minnesota (NCAA)	Draft '11
65	BURAKOVSKY, Andre	LW	6-1	178	2/9/95	Malmo (Allsvenskan)	Draft '13
58	CARRICK, Connor	D	5-11	187	4/13/94	Plymouth (OHL)	Draft '12
73	DJOOS, Christian	D	5-11	158	8/6/94	Brynas (SHL)	Draft '12
39	HAAR, Garrett	D	5-11	190	8/16/93	Western Michigan (NCAA)	Draft '11
60	HEINRICH, Blake	D	5-10	194	2/17/95	Sixoux City (USHL)	Draft '13
72	HERBERT, Caleb	F	5-10	185	10/12/91	Minnesota-Duluth (NCAA)	Draft '10
57	KOSTENKO, Sergei	G	5-11	191	9/17/92	Reading (ECHL)	Draft '12
51	KOUDYS, Patrick	D	6-2	198	11/15/92	Muskegon (USHL)	Draft '11
77	LEWINGTON, Tyler	D	6-1	189	11/5/94	Medicine Hat (WHL)	Draft '13
80	PINHO, Brian	RW	6-0	173	5/11/95	St. John's Prep (USHS)	Draft '13
28	RISSLING, Jaynen	D	6-4	223	9/21/93	Calgary (WHL)	Draft '12
82	SANFORD, Zach	F	6-3	184	11/9/94	Islanders (EJHL)	Draft '13
88	SCHMIDT, Nate	D	5-11	199	8/16/91	Minnesota (NCAA)/Hershey (AHL)	Trade '11
96	STEFISHEN, Taylor	RW	6-0	185	8/15/90	Univ. of Calgary (CIS)	Trade '11
17	STEPHENSON, Chandler	LW	5'11	190	4/22/94	Regina (WHL)	Draft '12
56	WEY, Patrick	D	6-2	203	3/21/90	Boston College (NCAA)	Draft '09
43	WILSON, Tom	D	6-3	205	3/29/94	Plymouth (OHL)	Draft '12